



## EAT, PRAY, LEARN

Eating together is one of the oldest traditions of the church. Praying together leans into the practice of Mary and her son Jesus, whom she taught to pray, "Not my will, but thine be done." Learning from the fathers and mothers of the faith – being trained up the way we should go – is another way we learn to love God, love others, and love the world!

Starting on **Tuesday evening October 3 and ending on Tuesday, November 7**, we will gather for an evening meal at **5:30 PM** and then break into learning groups from **6:30 to 8:30 PM**. We will need at least three participants to teach each class. Come join the journey as we **EAT, PRAY, AND LEARN** together.

The following are the offerings for this Fall:

**( ) Discovering Pathways to Spiritual Growth**

We will explore Malcolm Goldsmith's book **Knowing Me, Knowing God** and see what our Myers-Briggs Type indicator may tell us about how we might best grow spiritually. The heart of this study will be completing a spirituality questionnaire and interpreting the results in connection to spirituality. The intent of the book is to explore ways in which each one of us might better open our hearts and minds to God.  
Leader: Allen Bingham Meeting in the Conference Room

**( ) God Heard Their Cry** by Ray Vander Laan

Why not experience the Bible for yourself? Join renowned teacher and historian Ray Vander Laan as he guides you through the land of the Bible. In each lesson, Vander Laan illuminates the historical, geographical, and cultural context of the sacred Scriptures. Filmed on location in the Middle East, the Faith Lessons DVD series will transform your understanding of God and challenge you to be a true follower of Jesus.  
Leader: Sherry Boyette Meeting in the Bynum Building

**( ) Our Faithful Promise: The Wesleyan Covenant for Renewal**

A covenant is an agreement, a pledge, a contract. A covenant with God is a faithful promise of renewal, and none is more central to the Methodist identity than *The Wesleyan Covenant Prayer*, which John Wesley first shared in a renewal service in 1755. This covenant prayer focuses on the way we can have a closer relationship with God and others through a heightened commitment to a serious faith.  
Leader: Margaret Leak Meeting in Room 101

**MARK the study group you would like to attend and complete the information at the bottom. Return this form to the Church Office with your payment of \$10 for the book cost. The deadline to sign up is September 28.** Come be a part of this exciting study ministry at FUMC when we will **Eat, Pray, Learn** together!

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_



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